

5 THINGS

Husbands Need to Hear From Their Wives



BY: D.C. CONSTANT



When it comes to how husbands should treat their wives, you can find many opinions on this subject; from television shows, news articles, blogs, and books. These materials attempt to explain how the wives need to feel loved, desired and to hear positive affirmations.

While, this isn't a bad thing, as a wife, have you considered how nice it would be for your husband to hear positive affirmations from you?

In a culture where the "Happy Wife, Happy Life," syndrome is consistently celebrated, it can be misconstrued as being selfish, entitled and very lopsided, implying a husband's life is and can only be "happy" when their wife is "happy."

After all, the goal in marriage should be "Happy House, Happy Spouses."

After conducting a survey of married men, the following were the top five things husbands would love to hear from their wives often and with sincerity.





YOU LOOK HANDSOME!

It has always been said, a good husband should always remind his wife how beautiful she is, as another man shouldn't compliment her more than he does. Yet, it's also a great feeling to most husbands to be told they're handsome by their wives.

Just the word 'handsome' holds a different meaning than any other compliment and seems to hit men a little differently. For the husband who puts an effort into his appearance, it's greatly appreciated when his wife takes notice.





I'M PROUD OF YOU!

Men see their self-worth differently than women. Men strive toward goals and accomplishments in their jobs, business ventures, etc., and much of their confidence depends on how well they're doing while accomplishing these goals.

Husbands with wives who believe in and support them is honestly refreshing and reassuring. Hearing the words "I'm Proud of You!" is equally important.





I LOVE YOUR BODY!

Wives, guess what? You're not the only ones who have insecurities about their bodies. Husbands have insecurities about their bodies as well, although many may not come clean about said insecurities.

They want to have better abs, a more defined chiseled chest, etc., and to feel strong and healthy too! When they begin putting in the effort to eat healthier and working out, they're hoping to get noticed. Not just by anyone — but by you. His wife.

Telling your husband, you can see an improvement (*no matter how small*) from his efforts will reinforce and encourage him to continue on his path to not only healthier eating habits, but to gaining / maintaining his "Six Pack," or whatever pack he deems his goal.





I TRUST YOU!

There's so much negativity floating around in the world today, that it's much easier for many husbands to keep themselves guarded, and not fully trust anyone.

As his wife, your husband needs to know you trust him enough to make the right decisions while leading the family, which will put you all in a better position in life.

Most importantly, to give him the grace and trust him when he's trying to figure things out for himself as well.





I APPRECIATE YOU!

Doesn't it feel good when you do something for your husband and he thanks you for it? No matter how big or small? It was the thought and gesture that counted right?

Do you let your husband know how appreciative you are of him? I'm not speaking in the manner of "tit for tat," as kindness should never be that, but given freely, unselfishly. An appreciation should always be expressed when someone puts in the effort.

Make sure you're appreciating your husband for the person he is, and not appreciating him for just the "things" he does for you. Husband's love to be appreciated "just because" too!



About The Author

D.C. Constant

D.C. Constant is an Author, Speaker, Podcaster, and the Founder of The Successful Wives Network™, where she leads the organization towards its goal of assisting wives in pursuing and enhancing their Personal and Professional Development.



[@thesuccessfulwivesnetwork.com](https://www.instagram.com/thesuccessfulwivesnetwork.com)



[@thesuccessfulwivesnetwork.com](https://www.facebook.com/thesuccessfulwivesnetwork.com)



[CONSTANTLY SPEAKING](https://www.podtrac.com/constant)

